Hill's Mills & Mixers
BOSCH Kitchen Centre
~products for better health

3-MINUTE "CREAM OF CHICKEN" SOUP

6 cup boiling water
1 cup fresh-milled white bean flour
2 Tbsp chicken or vegetable soup base
1 cup diced chicken pieces (optional)

In a medium saucepan over medium heat, whisk bean flour into boiling water and add base. Stir and cook 3 minutes. Blend in Dimension Blender for 1 to 2 minutes. Add chicken, if desired. Serves 3 to 4

Ruby Hill | Hill's Mills & Mixers | 403-327-3529 or TF 1-866-327-3559