Hill's Mills & Mixers
BOSCH Kitchen Centre
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ITALIAN "MEAT" BALLS FOR SPAGHETTI

To 1 cup Quick Tofu Burger Mix, add 2 Tbsp bottled Italian Dressing, ½ cup cooked brown rice, 1 cup tofu.

Shape into 1 inch balls and pan fry. Serve on spaghetti, topped with sauce.

ORIENTAL "MEAT" BALLS TO SERVE WITH SWEET AND SOUR SAUCE

Add 1 tsp ginger and either 1 Tbsp soy sauce or 2 tsp miso to 1 cup dry mix. Combine with 1 cup tofu and ½ cup cooked brown rice.

Shape into 1 inch balls and pan-fry. Add to sauce just before serving.

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