Hill's Mills & Mixers
BOSCH Kitchen Centre
~products for better health

CORN AND CARROT SOUP

6 cups hot water
2 cups grated carrots
2 Tbsp chopped green pepper
2 Tbsp ham or vegetable soup base
½ cup fine corn flour
¼ cup red lentil flour

In large saucepan, combine all ingredients except flours. Cook until carrots are tender, about 5 to 7 minutes over medium high heat. Whisk in flours and continue cooking for 3 minutes.
Serves 4

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