



Hill's Mills & Mixers

BOSCH Kitchen Centre

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CORN AND CARROT SOUP

- 6 cups hot water
- 2 cups grated carrots
- 2 Tbsp chopped green pepper
- 2 Tbsp ham or vegetable soup base
- ½ cup fine corn flour
- ¼ cup red lentil flour

In large saucepan, combine all ingredients except flours. Cook until carrots are tender, about 5 to 7 minutes over medium high heat.

Whisk in flours and continue cooking for 3 minutes.

Serves 4